



TriHealth EAP®

Help for Managing Life's Challenges & Opportunities

TriHealth EAP is a prepaid benefit available to you as an employee of Warren County and to your family at no cost, even if you opt out of your employer's health insurance plan. Our confidential services are designed not only to assist you in times of crisis, but also to help you thrive in all aspects of your life.

Warren County employees, their spouses/partners and dependents (up to age 26) are eligible for up to 6 confidential counseling sessions per issue with a licensed counselor. Be assured your employer does not receive names or any information about your participation.

- To schedule a confidential appointment, call 513 891 1627 or 1 800 642 9794, or access "Request-a-Counselor" via [TriHealthEAP.com](https://www.trihealtheap.com)
- To speak with a licensed clinician for urgent situations any time 24/7, call 1 800 642 9794.

Employees and their families also may access the following services through [TriHealthEAP.com](https://www.trihealtheap.com):

Ask-A-Counselor

Option to submit questions online and receive confidential, encrypted answers within two business days.

Excelling at Work & Life Training Series

Webinars to equip participants with skills that elevate their ability to thrive personally and professionally. Offered at no cost for employees and their family members through the TriHealth EAP benefit. Topics and registration information for upcoming webinars available on [TriHealthEAP.com](https://www.trihealtheap.com).

Archived Trainings | Password: concernweb

Previously recorded training can be accessed on [TriHealthEAP.com](https://www.trihealtheap.com).

EAP offers support for many aspects of life:

- Stress Management
- Crisis Support
- Resiliency Development
- Work & Family Balance
- Relationships
- Career Concerns & Exploration
- Emotional Health
- Grief & Loss
- Addictions
- Parenting

EAP serves our clients through multiple ways:

- Telehealth Video-Counseling Sessions
- Telephonic Counseling
- In-Person Sessions
- On-Site, Video-Conference & Recorded Training

